

LUNCH MENU – WEEK 1

12th Oct, 9th Nov, 30th Nov

Available Every Day - Wholemeal Bread, Salad Bar, Fruit, Low Fat Yoghurts, Milk and Water.

All Special Diets catered for please speak to your schools Kitchen Manager for advice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Cheese Pizza	Beef Lasagne & Garlic Bread	Chicken & Stuffing	(Cheese) Butchers Beefburger in a Bun	Jumbo Breaded Fish Finger
Veggie Sausage	Curried Noodles with Quorn Pieces	Cauliflower Bites	Veggie Nuggets	Feta & Potato Puff Tart
 Jacket Potato with Various Fillings	Jacket Potato with Various Fillings		Jacket Potato with Various Fillings	
Pasta, Corn on the Cob or Carrot Sticks	Peas or Cucumber Sticks	Roast or Mash Potato, Seasonal Vegetables & Gravy	Potato Wedges, Baked Beans or Peas	Chips or Pasta, Sweetcorn, Salad & Tomato Ketchup
 Egg Mayonnaise Sandwich (wholemeal bread)	Tuna Mayonnaise Bap	Cheese & Tomato Sandwich (wholemeal bread)	Chicken Sandwich (wholemeal bread)	Pork Sausage Roll
 Waffles and Fruit Coulis	Pip Organic Lolly	Ice Cream Pots	Fruity Shortbread	Lemon Drizzle Cake





LUNCH MENU – WEEK 2

19th Oct, 16th Nov, 7th Dec

Available Every Day - Wholemeal Bread, Salad Bar, Fruit, Low Fat Yoghurts, Milk and Water.

All Special Diets catered for please speak to your schools Kitchen Manager for advice.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Cheese Pasta Bake	Chicken Tagliatelle & Garlic Bread	Toad in the Hole (Butchers Sausage & Yorkshire Puddings)	Butchers Pork Meatballs in Tomato Sauce served in a Finger Roll	Breaded Fish Fingers
Veggie Bolognese	Cheese Pizza Baguette & Potato Wedges	Veggie Toad in the Hole (Veggie Sausage & Yorkshire Pudding)	Cheese Wheel	Veggie Nuggets
Jacket Potato with Various Fillings	Jacket Potato with Various Fillings		Jacket Potato with Various Fillings	
Crusty Bread, Diced Carrots or Salad	Corn on the Cob or Salad	Roast or Mash Potato, Fresh Seasonal Vegetables & Gravy	Potato Wedges & Mixed Vegetables	Chips or Pasta, Sweetcorn or Salad & Tomato Ketchup
Egg Mayonnaise & Cress Bap	Tuna & Cucumber Sandwich (wholemeal bread)	Ham Sandwich (wholemeal bread)	Butcher's GF Pork Sausage Bap	Pork Sausage Roll
Fruit Smoothie	Fresh Fruit Platter	Pineapple Cake	Cookie	Chocolate & Date Krispie Cake



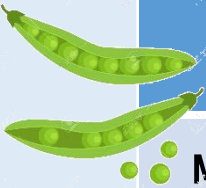
LUNCH MENU – WEEK 3

5th Oct, 2nd Nov, 23rd Nov, 14th Dec



Available Every Day - Wholemeal Bread, Salad Bar, Fruit, Low Fat Yoghurts, Milk and Water.

All Special Diets catered for please speak to your schools Kitchen Manager for advice.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Macaroni Cheese & Garlic Bread	Chicken Goujons & Rice	Roast Gammon & Pineapple	Salmon & Broccoli Pasta Bake	Breaded Fish Fillet
	Sweet Chilli Halloumi Wrap	Quorn Stir Fry & Noodles	Vegetable Wellington	Vegan Sausage Roll & Potato Wedges	Veggie Nuggets
	Jacket Potato with Various Fillings	Jacket Potato with Various Fillings		Jacket Potato with Various Fillings	
	Sweetcorn or Carrot Sticks	Peas or Green Beans	Roast or Mash Potato, Seasonal Vegetables & Gravy	Corn on Cob or Cucumber Sticks	Chips or Pasta, Peas or Salad & Tomato Sauce
	Egg Mayonnaise & Lettuce Sandwich (wholemeal bread)	Pizza Muffin	Cheese & Tomato Sandwich	Gammon Ham Bap	Tuna & Cucumber Wrap
	Fruit Crunch Pot	"ABC" Cake	Ice Cream Pots	Cookie	Vegan Chocolate Brownie

